# N-Liven<sup>TM</sup>

# Replenishing Phytonutrient Blend\* Made with Organic Fruits & Vegetables

- All organic greens blend combining super fruits, vegetables, and coconut powder\*
- Delivers a potent array of intrinsic phytonutrients including polyphenols, chlorophyll, and carotenoids\*
- Optimizes whole-body health at the genetic, cellular, and organ system levels\*
- Provides antioxidant activity and supports effective redox cycling\*
- Supports healthy metabolism, cardiovascular, and neurological function\*
- Pure, premium quality, with no added sweeteners, artificial colors, or flavors\*
- Quick, convenient, and flavorful. Simply add water or blend into a smoothie\*

N-Liven<sup>™</sup> is a premier blend of certified organic greens, berries, fruits, and coconut milk and water. Each ingredient was chosen to deliver an abundance of naturally occurring micronutrients and phytochemical compounds, including polyphenols, flavonoids, carotenoids, and chlorophyll. These compounds provide antioxidant activity and support effective redox cycling, greatly enhancing the nutritional impact of the formula. N-Liven<sup>™</sup> is an efficacious, full-spectrum, nourishing, and protective formula for the body's cells, tissues, and organs. The result is whole-body health.\*

#### Supplement Facts

Serving Size: 1 scoop (6 grams) Servings Per Container: 30

An	nount Per Serving	%Daily Value		%Daily Value	
Calories	25		Celery (Apium graveolens var. dulce) 100 mg	**	
Total Fat	1 g	1%*	Stalk <sup>†</sup>	**	
Saturated Fat	0.5 g	3%*	Broccoli (Brassica oleracea) Whole 100 mg	**	
Total Carbohydrates	4 g	1%*	Head†	**	
Total Sugars	1 g	**		**	
Includes 0 g Added Sugars		0%*	Kale (Brassica oleracea acephala) 100 mg	**	
Vitamin C	25 mg	28%*		**	
Sodium	10 mg	0%*	3	**	
Potassium	125 mg	3%*	Pumpkin (Cucurbita spp) Fruit† 100 mg	**	
Coconut (Cocos nucifera) Water (CocOrganic®)†	2000 mg	**	Blueberry (Vaccinium angustifolium) 100 mg Fruit <sup>†</sup>		
Coconut (Cocos nucifera) Milk†	1000 mg	**	Raspberry (Rubus idaeus) Fruit† 75 mg	**	
, ,		**	Strawberry (Fragaria x ananassa) Fruit <sup>†</sup> 75 mg	**	
Whole Food Leafy Greens Blend (Spinach and Kale) (Terasante™)¹	600 mg		Blackberry (Rubus fruticosus) Fruit† 75 mg	**	
Barley (Hordeum vulgare) Grass†	500 mg	**	Goji Berry (Lycium barbarum) Fruit† 50 mg	**	
		**	Pomegranate (Punica granatum) Fruit† 50 mg	**	
Chlorella (Chlorella vulgaris) Algae (cracked cell wall)†	250 mg		Apple (Malus pumila) Fruit† 50 mg	**	
Spirulina (Anthrospira platensis) Algae <sup>†</sup>	250 mg	**	* Percent Daily Values are based on a 2,000 calorie die ** Daily Value Not Established		
Reet (Reta vulgaris) Root†	150 ma	**	† Certified Organic		

Other Ingredients: Maltodextrin, Silicon Dioxide (Silica), Organic Acacia Gum, and Organic Rice Flour Contains: Tree Nuts (Coconut)

DOES NOT CONTAIN: Wheat, soy, milk, eggs, fish, crustacean shellfish, peanuts, sesame

Available in 180 grams powder

SUGGESTED USE: 1 scoop (6 grams) daily or as directed by your healthcare practitioner. Mix in water, juice, yogurt, or smoothie.



#### **FEATURING**

## Certified Organic Coconut (Freeze-Dried Coconut Water & Milk)

For over 4,000 years, coconut water has been venerated as a natural source of nutrition, hydration, wellness, and beauty. Classified as a highly nutritious functional food, coconut water delivers electrolytes and micronutrients that replenish, alkalize, and hydrate the body. These electrolytes aid the body's redox and antioxidant system, improving circulation and flushing the body to protect against oxidative stress. The medium-chain fatty acids in coconut milk improve energy, enhance cognitive function, and support healthy metabolism.\*

## **Certified Organic Greens** (Barley Grass, Kale, Spinach)

N-Liven™ provides premium quality certified organic greens chosen for their whole-body health benefits. These select greens provide antioxidant and healthy detoxification activity, encourage healthy inflammatory response, and encourage healthy red blood cell production, optimizing the blood's oxygen-carrying capacity. These foundational greens provide an abundance of phytochemicals that aid in digestive and cardiovascular health, and provide support for cellular repair to protect against stressors that cause free radical damage.\*

#### Certified Organic Berry Blend (Blueberry, Goji Berry, Raspberry, Strawberry)

N-Liven™ offers a premium blend of berries known for their multiple nutritive and bioactive components. Full of phenolics, flavonoids, and anthocyanins, berries provide antioxidant activity, benefit DNA repair, optimize metabolism, enhance energy production, and promote healthy inflammatory response and microbial balance. This translates to broad support for cellular, cardiovascular, and neurological health.\*

Featured ingredient information continued on back.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





#### FEATURED INGREDIENTS CONTINUED

#### **Super-Fruits**

(Pomegranate & Acerola Cherry)

Abundant in potent polyphenols, flavonoids, carotenoids, the super-fruits in N-Liven™ benefit cellular repair and protect against oxidative stress. With ingredients that deliver ellagic acid and vitamin C, N-Liven's superfruit blends promotes optimal metabolism, cellular health, and healthy cardiovascular and neurological function.\*

#### **Certified Organic Vegetables** (Carrot, Broccoli, Beet, Celery)

The nutrient-dense certified organic vegetables in this blend combine phytochemical compound forces to optimize cellular health, metabolism, and healthy inflammatory and cardiovascular function. The beneficial antioxidants in carrots provide increased benefits from the consumption of various carotenoids over isolates which can provide protection against DNA damage. Cruciferous vegetables contain a naturally-occurring phytonutrient known as glucoraphanin, which is converted into the antioxidant sulforaphane when digested. Beet root possesses several biologically active phytonutrients, including betaine, polyphenols, saponins, and flavonoids. These phytochemicals work as antioxidants to reduce oxidative stress, promote genetic integrity, and support healthy blood pressure levels already in the normal range, benefitting glucose metabolism and lipid balance.\*

#### **Certified Organic Micro Algae** (Chlorella, Spirulina)

N-Liven's microalgae blend combines macro- and micronutrient-dense spirulina and chlorella that enhance cellular health and energy production. These phytochemical powerhouses provide nutrient support for cognitive and cardiovascular function, while also encouraging healthy immune and inflammatory responses. Chlorella is one of nature's richest, most diverse, and most complete sources of total organic nutrition, containing over 100 synergistic nutrients which promote healthy metabolic and cardiovascular function. Spirulina contains an array of pigments, including chlorolphyll, phycocyanin, and allophycocyanin, which are beneficial for health and demonstrate the ability to optimize mental and physical performance.\*

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